

While we'd love you to come to our offices to discuss your cosmetic injection needs we encourage you to use this guide to help maximize your safety and efficacy when getting treatment.

The guidelines below are opinions. We always encourage you to speak in depth with your doctor about your specific case.



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Who performs the injections?

[Board-Certified Specialist] [other]

In some cases there may be an advantage to having a board-certified specialty practitioner (plastic surgery, dermatology, or facial plastic surgery) perform the injections. Core specialty practitioners have injectable training as part of their education or board certification and may have a deeper understanding of management of complications or difficult cases.

Was the injector properly trained?

[yes] [other]

Injectors should absolutely be properly trained to not only how to perform cosmetic procedure but also how to handle complex or complicated situations. Adequately trained injectors have the ability to easily address patient needs and concerns.

Does the injector spend time reviewing my medical history, performing a physical exam and discussing my goals and concerns?

[yes] [no]

It is critical that the injector spend an appropriate amount of time reviewing your medical history, medications and allergy profile as well as determining your past experience with injectables. They should perform an exam to insure there are not physical issues that can create problems. And lastly, they should spend an adequate amount of time discussing your goals and concerns so that there is a shared understanding of what the outcome should be and what the risks entail. Remember, these are medical treatments.

